

## Useful items to help you prepare for surgery

(Click on item link)

- [Grabber tool](#)
- [Heating pad](#)
- [Earplugs](#)
- [Double-walled cup with fancy lid attachments \(“convalescent feeding cup”\)](#)
- [Nosey cups](#)
- [Lightweight plastic tray](#)
- [Bag clips](#)
- [Slip-on and elastic back shoes](#)
- [Flic button](#)
- [Front closure bra](#)
- [Thin, soft, extremely non-binding socks](#)
- [Abdominal binder](#)

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