

# Clinical Trials: How to Prepare

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## PRE-APPOINTMENT

- What to ask
- How to find a trial
- How to know if you're a candidate

## INITIAL CONSULT APPOINTMENT

- What to expect
- What questions to ask
- How to prepare for visit

## SCREENING APPOINTMENT

- What to expect
- Duration of appointments
- What happens if not eligible

## ENROLLMENT APPOINTMENTS & FOLLOW-UP

- Duration and frequency of appointments
- How to prepare/expectations of patient
- What to expect on placebo-controlled trial

## Pre-Appointment

Before establishing care:

- Ensure all your prior medical records, including those with providers you have seen for diagnosis, are available to review.

Questions to Ask:

- Are slots available for the trial? If so, how much can you discuss before I establish care?
- Why are you not able to hold a slot for me?
- Are there any glaring exclusion criteria we can easily rule out?
- How long will it take from establishing care to screening/enrolling in the trial?



## Initial Consult Appointment

- Provide all medical history to the provider and answer all questions honestly.
- Come in with an open mind.
- Come with a list of your questions and tell the provider you have questions as soon as they start the visit.
- Disclose any black-out dates on your calendar (pre-planned travel, non-negotiable dates you are unavailable, etc.)



### Questions to Ask:

- How many visits and what type of visits should I expect for screening?
- What is the best way to communicate with the clinic and research staff?
- What alternatives do I have to the current trial being presented?

## Screening & Subsequent Visits

- Read the consent form and take notes where you have questions.
- Contact your study coordinator/nurse immediately for any issues, side effects, or hospitalizations while on trial.

### Questions to Ask:

- What is the process and visits I should expect after today?
- Is there anything we are waiting on from insurance, drug shipments, etc., that could delay treatment?
- If randomized to control (if applicable), will the process differ? Can I withdraw from the trial?
- Why should I participate in the trial if I can wait for FDA approval?
- How long will I be on the trial?
- Do I need to come to the site for all visits and procedures? If so, why?
- If I'm hospitalized elsewhere, do I have to be transferred to you? Are there any medications I cannot take?

